



WARRIORS BASKETBALL ACADEMY  
**RETURN TO PLAY PLAN**



Here at Warriors Basketball Academy we hope that all of you are staying healthy and safe during this unprecedented time. We, like you, can't wait for the opportunity, when the time is right, to get back out on the court and enjoy the game that we all love so much. However, it is critical that we remain patient and continue to be responsible. Basketball will be there for all of us when the time is right.

Our team has been working hard, gathering information and developing protocols that will eventually allow us to resume playing basketball in a safe environment. A major step in this process is the development of what you are looking at right now – our “Return To Play” guide. This guide will provide parents and families an inside look at the steps being taken behind the scenes to ensure a safe, healthy and socially responsible youth basketball environment, including adapted and reimagined programming, sequenced phases of increased on-court activity, and most importantly, safety protocols.

Please take the time to review this guide. We are continuously monitoring guidance and communications of the CDC, state and local health officials, Golden State Warriors team physicians from Kaiser Permanente, the NBA and its Jr. NBA Flagship Network, and USAB Youth Development, and as such the plans described over the next few pages are subject to change as we continue to refine our best practices. We hope that this guide will provide you a clearer picture of what to expect in the coming months as we prepare to return to the court.







# TABLE OF CONTENTS

- 3** Our Phased Approach
- 4** Potential Activities for Each Phase
- 6** Anticipated Operational Guidelines & Safety Protocols for Phase 2
- 8** Proposed Warriors Basketball Facility Layout
- 9** Screening Questionnaire & COVID-19 Response

# OUR PHASED APPROACH

## PHASE 1 - THE FIRST DANCE

### **VIRTUAL PROGRAMS**

All programs available in Phase 1 will be offered virtually.

## PHASE 2 - THE INITIAL RETURN

### **WARRIORS BASKETBALL FACILITY ONLY**

Our first step in returning to the court will take place at the Warriors Basketball Facility in Oakland. Having the ability to control safety protocols, including cleaning & sanitizing equipment, will be a key component as we re-introduce participants to on-court basketball activities.

## PHASE 3 - THE RETURN

### **WARRIORS BASKETBALL FACILITY & ADDITIONAL LOCATIONS**

Increasing program options in Oakland and mimicking previously established safety protocols at other locations will be the backbone of this phase. Drills with contact and small sided competitions (e.g., 1v1, 2v2 & 3v3) will be re-introduced as this phase progresses.

## PHASE 4 - THE NEW NORMAL

### **ALL LOCATIONS**

Full-scale programming will be offered at all locations. Contact activities including 5v5 will become a part of on-court programming. Spectator restrictions will be gradually loosened as we progress throughout this stage.





## PHASE 1 - THE FIRST DANCE

### *Potential Activities Include:*

#### **IG LIVE**

- Free 30-min Instagram Live workouts led by GSW Academy coaches

#### **VIRTUAL WEEKLONG CAMPS**

- Weeklong sessions that feature 75-min daily workouts plus a 30-min scheduled semi-private session

#### **VIRTUAL PRIVATE TRAINING**

- 30-min private 1:1 sessions with a Warriors Basketball Academy trainer

#### **VIRTUAL EVENTS**

- Free Events for Warriors Basketball Academy participants, parents, coaches & more

## PHASE 2 - THE INITIAL RETURN

### *Potential Activities Include:*

#### **CONTINUATION OF PHASE 1 ACTIVITIES**

#### **SHOOT 360**

- Participants will utilize designated workout spaces to focus on shooting, ball-handling and passing. Shooting and skill cages will allow for social distancing and will be sanitized regularly

#### **IN-PERSON PRIVATE TRAINING**

- 30-min private 1:1 sessions that include a customized personal workout plan

#### **IN-PERSON SMALL GROUP TRAINING**

- Weekly 60-min Mini-Camps (1 participant/basket for a 4-week series)





## PHASE 3 - THE RETURN

*Potential Activities Include:*

### **CONTINUATION OF PHASE 1 & 2 ACTIVITIES**

### **SMALL GROUP TRAINING EXPANDED COHORTS**

- Weekly 60-min Mini-Camps (3 participants/basket for a 4-week series)

### **HALF DAY CAMPS**

- Weeklong Half Day sessions (3-Hour Morning and Afternoon sessions)

### **ONE DAY CLINICS**

- One-day skill specific clinics (3-Hour Morning and Afternoon sessions)

Re-introduction of drills with contact and small-sided competition (e.g., 1v1, 2v2 & 3v3) as this phase progresses.

## PHASE 4 - THE NEW NORMAL

All programs will offer maximum participation including Full Day Traditional Camps, Skill Specific Clinics and Specialty Camps, Shoot 360 and Mini-Camp options.

# ANTICIPATED OPERATIONAL GUIDELINES FOR PHASE 2

- Signs posted to promote protective measures (social distancing, proper hygiene, respiratory etiquette, face coverings, symptom awareness, etc.)
  - Appropriate social distancing during participant visits to the facility, including check-in, the workout itself and conclusion of workout/exiting the building
  - Masks required upon entry and in common areas
  - Parents allowed to escort players to check-in but not permitted to enter the facility. All programs will be without spectators until further notice
  - Coaches & staff to wear masks and subject to daily health checks
  - Potential screening protocols for participants, including daily screening questionnaire to be completed by parents
  - Participants provided with a sanitized basketball upon entry into the facility (no shared equipment)
  - Participants required to sanitize hands & any personal items upon entry
    - No backpacks
    - Allowable items include cell phone, keys, wallet, water bottle & any required medical items
    - Participants will be assigned a designated cubby that has been sanitized for their personal items
  - All on-court activities will be non-contact
  - Limits on the number of participants in the facility at one time and over the course of a day
  - Limits on the number of participants in a given area (e.g., half court) at one time
  - Appropriate cleaning and sanitization between workouts
- Operational guidelines to updated as appropriate.



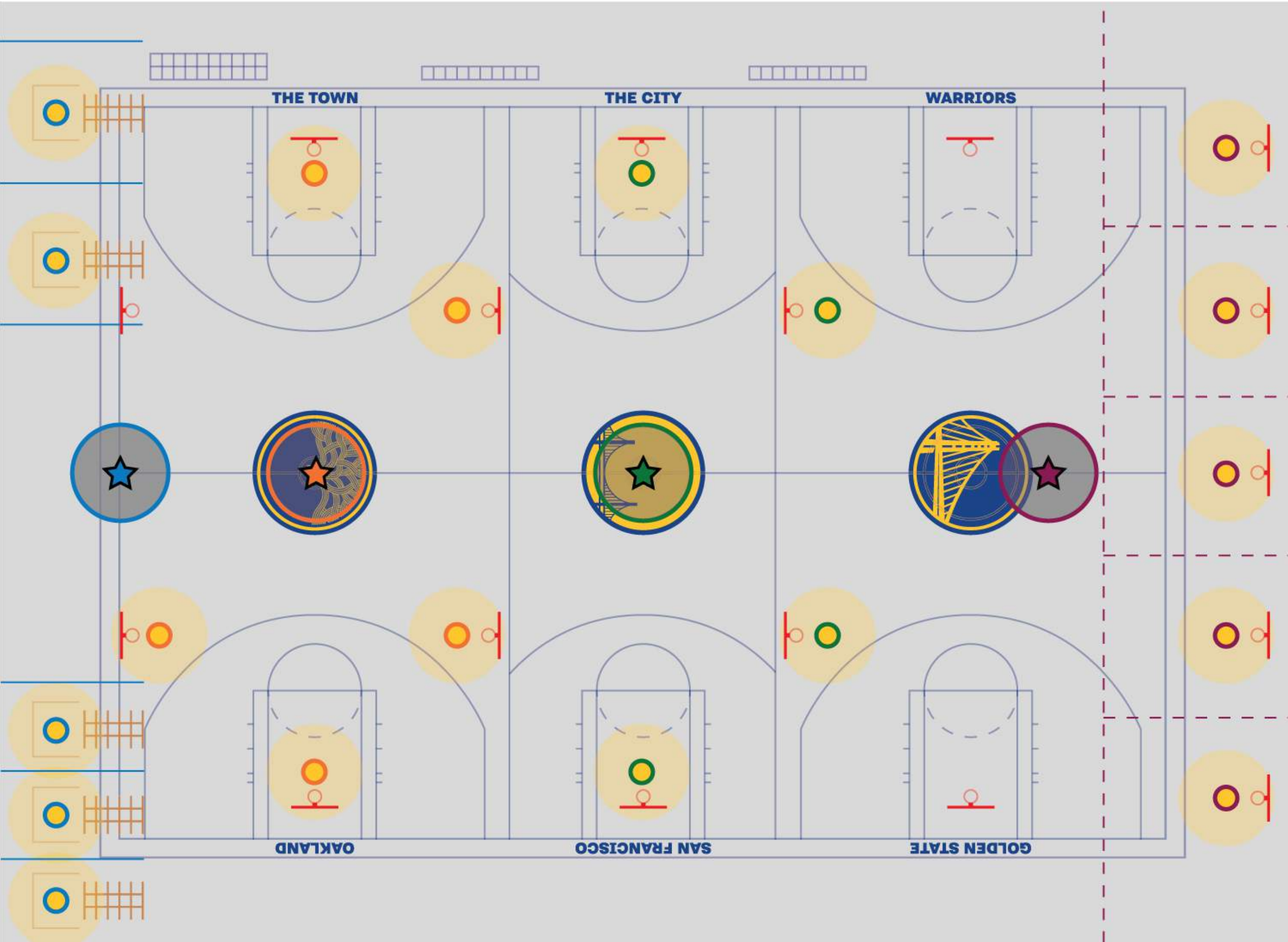
## ANTICIPATED CLEANING PROTOCOLS FOR PHASE 2

- Nightly professional cleaning of facility and gym floor
  - Will include use of electrostatic sprayer
- Regular sanitization of high touch surfaces and basketballs throughout the day
- Sanitization of cubbies for personal belongings after each use
- Water fountains will be closed/Gatorade cups and coolers will be removed
- Cleaning of restrooms at the conclusion of each program
- Dedicated staff member for active cleaning and maintenance of safe environment while programs are in session

Cleaning protocols to be updated as appropriate.



# PROPOSED WARRIORS BASKETBALL FACILITY LAYOUT



## Skill Cages

- Five skill cages with wall separations
- Sideline coach oversees five players

## City & Warriors Courts

- Private Training Stations (4 baskets total)
- Coach at center court oversees four players

## Town Court (Cohort)

- 2 Half Courts - Small Group stations
- Coach at center court oversees five players

## Shooting Cages

- Five shooting cages with net separations
- Sideline coach oversees five players

★ Assigned Coach Station

● Assigned Player Station





# SCREENING QUESTIONNAIRE & COVID-19 RESPONSE

## SCREENING QUESTIONNAIRE (PARTICIPANT AND STAFF)

Anyone planning to participate in a program will be required to complete a screening questionnaire at home before traveling to any Warriors Basketball Academy location. If a fever or any other symptoms are revealed, the participant or staff member will not be able to participate.

## RESPONSE TO A POSITIVE CASE OF COVID-19

In the instance of a positive COVID-19 case by a participant or staff member, it will be reported immediately to the local health officials.





# THANK YOU



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